



SSA TRACK INFORMATION 2021

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Hello Hurricanes!!!

The Seminole County Middle School Track & Field season is HERE!!! Track & Field involves middle school students competing against their grade level and gender in a variety of events. These include the 100M, 200M, 400M, 800M and 1600M running events as well as the Long Jump and Shot Put field events. Students do not have to “try out” for the team. They will qualify by meeting the following criteria:

1. SIGNED PARENT CONSENT FORM TO PARTICIPATE (**LOCATED ON SSA WEBSITE UNDER ATHLETICS**)
2. PROMPT PICK-UP AFTER **PRACTICE MON, TUES & THURS @ 4:15 - 5:30 PM BEGINNING OCTOBER 12, 2021**
3. SPORTS PHYSICAL COMPLETED BY **OCTOBER 27, 2021 (FORM IS LOCATED UNDER ATHLETICS)**
4. \$30 ACTIVITY FEE PAID BY **OCTOBER 27, 2021** (CASH; CHECKS PAYABLE TO SSA; ONLINE PAYMENTS via MYSCHOOLBUCKS QR CODE ON SSA WEBSITE)
5. **MINIMUM 2.0 GPA & NO DISCIPLINE REFERRALS**

For the following meets, transportation will be provided from South Seminole to the competition location and return to South Seminole. The meet will start when all of the competing schools have arrived, warmed up and are ready to run (usually @ 4:30 PM).

- WEDNESDAY, NOVEMBER 3 @ LYMAN HIGH (WINTER SPRINGS-INDIAN TRAILS HOSTING)
- WEDNESDAY, NOVEMBER 10 @ MILWEE
- WEDNESDAY, NOVEMBER 17 @ LAWTON CHILES
- WEDNESDAY, DECEMBER 1 @ MILWEE

The COUNTY MEET will be held on **SATURDAY, DECEMBER 11 @ LAKE MARY HIGH SCHOOL @ 8:00AM.**

Students must have their own transportation to and from Lake Mary High School. Please note at this event, there will be a gate fee for spectators (adult - \$5; student - \$2).

Additional precautions are being taken to keep all athletes safe in the locker rooms, during practice, in transit, and at the competition. Athletes will have their temperature checked before practice and before leaving the school for competition. If a student does not ride the bus to the meet, their temperature must be taken prior to competing. Seating charts and physical spacing will be in place to maintain safety guidelines on the bus.

I hope that you are as excited as we are to get started with the season. We will have more information regarding specific events during our practice and once we get our roster in place. If you have any questions or concerns, do not hesitate to contact Coach Payne or Coach Jackson. LET'S GO HURRICANES!!!